

# Code of Practice for Instructors and Volunteers

**The essence of good ethical conduct and practice is summarised below:  
All Instructors and Volunteers must:**

- Consider the well-being and safety of participants before the development of performance.
- Develop an appropriate working relationship with participants based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Promote positive aspects of the Martial Art (e.g. fair play).
- Display consistently high standards of behaviour and appearance.
- Follow all guidelines laid down by Nippon UK.
- Hold appropriate valid qualifications and insurance cover.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Never condone rules violations, rough play or the use of prohibited substances.
- Encourage participants to value their performances and not just the results.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.

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